

Mental Health and Family Contextual Factors in Australian Women: Associations and  
Predictors of Health Risk Behaviour during the COVID-19 Pandemic

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Lastly, I dedicate this thesis to my grandfather, George Alexander Abell, who departed this world during the completion of my training. I smile whenever I remember our brief time together.

## **Declarations**

### **Statement of Originality**

This thesis contains no material which has been accepted for the award of any other degree or diploma in any university or other tertiary institution, and, to the best of my knowledge and belief, contains no material previously published or written by another person, except where due reference has been made in text. I give consent to this copy of my thesis, when deposited in the University Library\*, being made available for loan and photocopying subject to the copyright Act 1968.

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### **Acknowledgement of Collaboration**

I hereby certify that the work embodied in this thesis has been done in collaboration with other researchers. I contributed the development of the research question, the literature and database search, the formulation of methodology, the statistical analysis, the interpretation of results, and the preparation of the manuscript. Dr Sally Hunt contributed to the development of the research question, the formulation of the methodology, the establishment of the data, the interpretation of results, and the editing of the manuscript. Prof Scott Brown contributed to the statistical analysis. Ms Kelsie Cant, Ms Erin Johnson, and Ms Rebecca Fellowes contributed to the collection of the data.

### **Ethical Approval**

The conduct of this reported research was approved by the University of Newcastle Human Research Ethics Committee (HREC) (Approval No. H-2020-0156).

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**Statement of Manuscript Style**

The following manuscript section of this submission has been written in accordance with the journal publication instructions for Psychology and Health (Appendix A). All else has been written in accordance with the Publication Manual of the American Psychological Association – Seventh Edition (APA, 2020).